

# The Cognitive Behavioral Psychotherapy School of Milan "Studi Cognitivi"

(Director: Sandra Sassaroli)

www.studicognitivi.net

Recognised by the Italian Ministry of Education, University and Research (Ministero dell'Istruzione, dell'Università e della Ricerca - MIUR) by legislative decree, July 23th 2001 (O.J. 230 of 3/10/2001)

and



## Albert Ellis Institute of New York

(Director: dr. Kristene Doyle; Director of Professional Education: prof. Raymond DiGiuseppe)

invites professionals to attend a

ADVANCED PRACTICUM IN
RATIONAL EMOTIVE BEHAVIOR
THERAPY (REBT) CERTIFIED BY
THE ALBERT ELLIS INSTITUTE

June 14<sup>th</sup> to 17<sup>th</sup> 2016 in Milan (Italy) The REBT (rational emotive behavior therapy) Advanced Practicum is the second step to learn REBT. "Studi Cognitivi" is glad to have the opportunity to offer the same Advanced Practicum as is presented at the Albert Ellis Institute (AEI) of New York.

The class section is lead by the most internationally important and certificated REBT therapists and supervisors such as Doctor Kristene Doyle, Director of AEI, and Professor Raymond DiGiuseppe, Director of Professional Education of AEI and professor of Psychology at the St. John University of New York.

The Advanced is an intense four day practicum that includes frontal lessons and practical sessions in which participants can practice peer-counselling supervised by senior teachers. Each group is composed of 8 participants and supervised by one teacher for the whole afternoon.

During the program participants will further their knowledge of rational-emotive and cognitive behavior therapy, as well as up-todate research and clinical applications, and will receive individual supervision in small groups with a certified REBT supervisor.

**Participants** Open to psychologists, psychiatrists and graduate students. Proof of degree must accompany registration form.

Prerequisite: Primary Certificate in RE & CBT.

IMPORTANT:It is possible to follow both the Primary and Advanced Practicums in Milan in June 2016, one after the other. Should you not pass the final exam of the Primary Practicum, the registration fee for the Advanced will be reimbursed.

#### **Program Language**

Frontal lectures and group practice sessions are offered <u>in English</u>. Consecutive translation into Italian will be available where necessary.

#### **Program**

Participants will learn to:

- Apply techniques for disputing irrational beliefs seen in various clinical disorders
- Design strategies for working with clients who are resistant
- Assess when to use behavioral & emotional approaches with clients
- Describe how to apply REBT to treat couples and common relationship problems

#### **Evaluation and Certification**

There will be a written exam at the end of the course. Having passed this exam the partecipant will recieve their certification from the board of the Albert Ellis Institute in New York in December 2016.

## Faculty:

Kristene A. Doyle, Ph.D., Sc.D., is the Director of the Albert Ellis Institute (AEI). Dr. Doyle is also Director of Clinical Services and a licensed Staff Psychologist and clinical supervisor at AEI. She is Full Adjunct Professor at St. John's University in New York.

Raymond DiGiuseppe, Ph.D., Sc.D., is the Director of Professional Education and a licensed Staff Psychologist and clinical supervisor at the Albert Ellis Institute (AEI). He is also Professor and Chair of the Psychology Department at St. John's University in New York. He is the President of Division 29 (Psychotherapy) of the American Psychological Association.

Ennio Ammendola, M.A., M.H.C., psychotherapist and REBT certified supervisor at the Albert Ellis Institute. Doctoral candidate at Fordham University, New York.

Giovanni M. Ruggiero, M.D. psychiatrist, cognitive psychotherapist and REBT certified supervisor at the Albert Ellis Institute. Trainer in CBT recognized by the Società Italiana di Terapia Cognitiva e Comportamentale (SITCC) in the Scuola di specializzazione in Psicoterapia Cognitiva "Studi Cognitivi" di Milano

#### Fee:

€ 1250 + 22% VAT (€ 1525,00) Reduced Fee for Studi Cognitivi students: € 1050 + 22% VAT (€ 1281,00)

# Registration:

Send the registration form, a copy of your degree and a copy of the bank transfer receipt to: fax: 02/87238216; e-mail:

a.colton@studicognitivi.net

registration dead-line: April 15<sup>th</sup> 2016

# Payment:

By bank transfer to the following bank

account: Studi Cognitivi SpA. Bank name: Intesa SanPaolo;

IBAN: IT88G0306909420070285070102;

BIC: BCITITMM300;

description: "Advanced Practicum REBT Milan" plus first name and surname

#### Venue

Ripa di Porta Ticinese 77, 20143 Milano

# For more information please contact:

Ms. Allison Colton: a.colton@studicognitivi.net

#### **CME** validation:



Provider Qiblì srl (ID n. 2007) will give CME validation for medical and psychological doctors and

can be submitted to any national CME agency.

# REGISTRATION FORM Advanced Practicum REBT: MILANO

First Name	
Surname	
Nationality	Date of Birth
Street address	
City	
Country	Zip Code
Phone	
e-mail	
CME certification request: Y	es No
I authorize the use of my per Italian privacy law 196/2003	sonal data in accordance with the
Date/	
	Signature

**NB** Please include a copy of your degree