

## 2013

The 2<sup>nd</sup> International Conference of

## Metacognitive Therapy Manchester

CALL FOR SUBMISSIONS: YOU ARE INVITED TO SUBMIT PAPERS, POSTERS,

SYMPOSIA. EMAIL STRUCTURED ABSTRACTS (BACKGROUND/RESEARCH QUESTION; METHOD; RESULTS; CONCLUSION; 200 WORDS MAX) TO: <a href="mailto:yasmine.nassif@hotmail.com">yasmine.nassif@hotmail.com</a> DEADLINE: 30-11-2012

Pre-congress workshops (24 April) Conference (25-26 April)

Venue: Manchester Town Hall, City Centre

Presenting the latest developments and research in Metacognitive Therapy and related approaches. The conference blends skill-building presentations with academic sessions in areas of assessment, mental processes research and treatment techniques across a wide range of problems. There will be workshops, keynotes, master-clinician demonstrations, round table discussion, posters and symposia.

**Speakers**: Prof. Adrian Wells (UK) Prof. Steven Hollon (USA) Prof. Robert Zettle (USA)

Prof. Hans M. Nordahl (Norway) Dr. Peter Fisher (UK) Prof. Robert Leahy (USA)

Dr. Costas Papageorgiou (UK) Prof. M. Spada (UK) Prof. Graham Davey (UK)

## Symposia and Clinical Presentations

Detached Mindfulness Individual & Group Approaches MCT/ACT/CBT distinctive features Trauma and PTSD

Generalized Anxiety Disorder Major depressive disorder Obsessive compulsive disorder

Eating Disorder Schizophrenia

Borderline Personality disorder

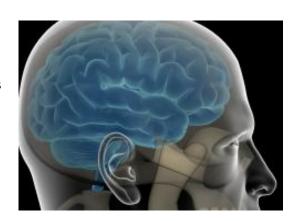
Addictions
Medical Conditions
Social Anxiety
Processes:

Worry
Rumination
Attention
Mental Regulation

Mental Regulation

Beliefs

Control Processes



Pre-Congress Half-Day Workshops (24 April, 2013): Learn the latest treatment techniques:

Wells: GAD and worry; Nordahl: Borderline PD; Fisher: OCD; Papageorgiou: Depression; Wells: PTSD

Secretariat, MCT Conference:

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