

# Metacognitive Therapy Manchester

**CALL FOR SUBMISSIONS:** YOU ARE INVITED TO SUBMIT PAPERS, POSTERS, SYMPOSIA. EMAIL STRUCTURED ABSTRACTS (BACKGROUND/RESEARCH QUESTION; METHOD; RESULTS; CONCLUSION; 200 WORDS MAX) TO: [yasmine.nassif@hotmail.com](mailto:yasmine.nassif@hotmail.com) DEADLINE: 30-11-2012

Pre-congress workshops (24 April)  
Conference (25-26 April)

Venue: [Manchester Town Hall, City Centre](#)

Presenting the latest developments and research in Metacognitive Therapy and related approaches. The conference blends skill-building presentations with academic sessions in areas of assessment, mental processes research and treatment techniques across a wide range of problems. There will be workshops, keynotes, master-clinician demonstrations, round table discussion, posters and symposia.

**Speakers:** Prof. Adrian Wells (UK) Prof. Steven Hollon (USA) Prof. Robert Zettle (USA)  
 Prof. Hans M. Nordahl (Norway) Dr. Peter Fisher (UK) Prof. Robert Leahy (USA)  
 Dr. Costas Papageorgiou (UK) Prof. M. Spada (UK) Prof. Graham Davey (UK)

## Symposia and Clinical Presentations

Detached Mindfulness  
 Individual & Group Approaches  
 MCT/ACT/CBT distinctive features  
 Trauma and PTSD  
 Generalized Anxiety Disorder  
 Major depressive disorder  
 Obsessive compulsive disorder  
 Eating Disorder  
 Schizophrenia  
 Borderline Personality disorder

Addictions  
 Medical Conditions  
 Social Anxiety  
Processes:  
 Worry  
 Rumination  
 Attention  
 Mental Regulation  
 Beliefs  
 Control Processes



**Pre-Congress Half-Day Workshops (24 April, 2013):** Learn the latest treatment techniques:

**Wells:** *GAD and worry*, **Nordahl:** *Borderline PD*, **Fisher:** *OCD*, **Papageorgiou:** *Depression*, **Wells:** *PTSD*

**Secretariat, MCT Conference:**

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