

**Call for Papers**



# **CBT: A Road to Hope and Compassion for People in Conflict**

## **45th Annual EABCT Congress**

Jerusalem, Israel  
August 31-September 3, 2015

**[www.eabct2015.com](http://www.eabct2015.com)**



The Israeli Association for Behaviour  
and Cognitive Psychotherapies

itacbtisrael@gmail.com • [www.itacbt.co.il](http://www.itacbt.co.il)

## Dear Colleagues

It is our honor to host the 45th EABCT Congress. Israel hosted the first international CBT Congress in 1980 in Jerusalem. That Congress was a great success and no doubt stimulated the development of CBT in Israel.

Israel, which is the focus of much international interest, is a modern, diverse country with something for everyone. It is a multicultural country which has developed significantly over the last century, having absorbed great numbers of people from a wide variety of countries and cultures. We hope to share Israeli "startup nation" scientific advances via presentations of its cutting edge research. In addition, we will present cross-cultural research on therapy with diverse ethnic and religious groups, such as Arab-Israelis, Ethiopians, Russians, Orthodox Jews and others. We also plan panels/symposia on the potential of CBT regarding political negotiations, peace-making and conflict resolution, all this in addition to the common themes of EABCT congresses.

Our vision for the conference is expressed in the name of the conference: **CBT: A Road to Hope and Compassion for People in Conflict.**

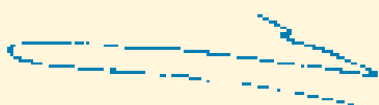
Jerusalem is a 3000 year old city, sacred to three major religions: Judaism, Christianity, and Islam. For centuries, Jerusalem has captivated the hearts and souls of people everywhere. Kings, prophets, poets, and believers – all have left their mark on the city. Indeed, Jerusalem cradles historical imprints of cultural heritage, archeology and religion, with sites like the Church of the Holy Sepulcher, Western Wall and Al-Aqsa Mosque and a plethora of archeological sites dating back thousands of years.

The uniqueness of Jerusalem lies in the meeting of past and present. For all of its historical and religious magnificence, it is also a very modern city. In addition to modern museums, concert halls, and art galleries, Jerusalem offers a wide range of cultural districts, contemporary shopping centers and attractive entertainment & nightlife spots.

Finally, Jerusalem is an ideal base for interesting excursions. Because Israel is a small country, participants and accompanying relatives and friends can – in less than an hour – reach the Mediterranean Sea, the Dead Sea, the historic Galilee or the fascinating desert. In fact, you will be able to tour most of the country in a few days.

ITA (ICBTA), Israel Cognitive & Behavior Therapies Association, was established 30 years ago and has been a member of the EABCT ever since.

The board of ITA and its members are honored by being given the chance to host the European Congress in Israel and enthusiastically look forward to contributing to its success. We are sure that you will experience an impressive, instructive and enjoyable 45th EABCT Congress.



**Sofi Marom, PhD**

Israel Association for CBT (ITA), Chair  
EABCT 45th Congress, Chair



**Prof. Jonathan Huppert**

Scientific Committee, Chair



**Jerusalem**, the unique city cherished by millions of people throughout the world, is a spiritual center of great interest and beauty.

**Jerusalem** the ancient... with numerous holy places and treasures that have drawn pilgrims and tourists throughout the ages.

**Jerusalem** has been the focus of mankind for more than 3,000 years. Sanctified by religion and tradition, Jerusalem is a city revered by the three monotheistic faiths - Judaism, Christianity and Islam.

**Jerusalem** the modern... a thriving city that offers both the mystery and magnificence of the

past and the luxury and efficiency of the 21st Century.

**Jerusalem** is the ideal city for conventions, congresses and international gatherings. It offers splendid facilities and a wide variety of tourist accommodations enhanced by a mild climate and beautiful landscape.

The city is also an ideal base for interesting excursions. In less than an hour one can reach the Mediterranean, Dead Sea, historic Galilee or the fascinating desert. Full or multiple-day excursions will take you to the sun-drenched glory of Eilat or the beautiful landscapes, nature reserves, waterfalls and religious sites of the Galilee and Golan.

### **For more information on Israel and Jerusalem:**

<http://www.gojerusalem.com>

[www.goisrael.com](http://www.goisrael.com)

<http://www.aboutisrael.co.il/eng>

[www.mfa.gov.il](http://www.mfa.gov.il)

<http://israel21c.org/travel/experience-israel>

[www.itraveljerusalem.com](http://www.itraveljerusalem.com)



## Confirmed Keynote Speakers



**Sarah Abu-Kaf**

Ben-Gurion University of the Negev  
Israel



**Alean Al-Krenawi**

Achva Academic College  
Israel



**Gerhard Andersson**

Linköping University  
Sweden



**Arnoud Arntz**

Maastricht University  
Netherlands



**Yair Bar-Haim**

Tel Aviv University  
Israel



**David Barlow**

Boston University  
USA



**Judy Beck**

University of Pennsylvania  
USA



**David Brent**

University of Pittsburgh School of Medicine  
USA



**David Clark**

University of Oxford  
UK



**Reuven Dar**

Tel Aviv University  
Israel



**Peter De Jong**

University of Groningen  
Netherlands



**Edna Foa**

University of Pennsylvania  
USA



**Mauro Galluccio**

European Association for Negotiation  
and Mediation, Belgium



**Azucena Garcia-Palacios**

Universitat Jaume I  
Spain



**Eva Gilboa-Schechtman**

Bar-Ilan University  
Israel



**David Greenberg**

Herzog Hospital  
Israel



**Muhammad Haj-Yahia**

The Hebrew University of Jerusalem  
Israel



**Stefan Hofmann**

Boston University  
USA



**Daphna Joel**

Tel Aviv University  
Israel



**Mario Mikulincer**

IDC Herzliya  
Israel



**Stirling Moorey**

South London and Maudsley NHS  
Foundation Trust, UK



**Eshkol Rafaeli**

Bar-Ilan University  
Israel



**Ronald Rapee**

Macquarie University  
Australia



**Tammie Ronen**

Tel Aviv University  
Israel

## Confirmed Keynote Speakers



**Paul Salkovskis**  
University of Bath  
UK



**Silvia Schneider**  
Ruhr-Universität Bochum  
Germany



**Zahava Solomon**  
Tel Aviv University  
Israel



**Ulrich Stangier**  
Goethe Universität  
Germany



**Yona Teichman**  
Tel Aviv University  
Israel



**Mark Williams**  
University of Oxford  
UK



**Hans-Ulrich Wittchen**  
Technische Universität Dresden  
Germany

## Pre-congress Workshops / August 31, 2015

**Schema Therapy for Borderline Personality Disorder – Arnoud Arntz**

**Unified Protocol for Transdiagnostic Treatment of Emotional Disorders – David Barlow**

**Cognitive Behavior Therapy for Personality Disorders – Judy Beck**

**Treating Depressed and Suicidal Adolescents: A Guide for the Clinician – David Brent**

**An Update on Cognitive Therapy for Social Anxiety Disorder – David M. Clark**

**Prolonged Exposure Therapy for Posttraumatic Stress Disorder – Edna Foa & Nitsa Nacash**

**Tailored Training for Negotiators: Interpersonal and Diplomatic Perspectives – Mauro Galluccio**

**From Crisis to Growth - Resilience Training with Children and Adults to Prevent Psychopathology and Build Life Skills - Daniel Hamiel**

**CBT for Life-Threatening Illnesses – Stirling Moorey**

**A Mindfulness and CBT Integrated Treatment for Psychosis: How to Improve the Quality of Life from the Early Onset to Chronicity – Antonio Pinto**

**Managing Anxiety Disorders among Young People – Ronald Rapee**

**Training People to be Happy: What Can be Learned from CBT? – Tammie Ronen**

## Steering Committee



**Sofi Marom**  
*Congress Chair*  
*Geha Mental Health Center*



**Jonathan Huppert**  
*Chair - Scientific Committee*  
*The Hebrew University of Jerusalem*



**Philip Tata**  
*International Program Advisor*  
*BABCP, UK*



**Gil Zalsman**  
*Local Advisor*  
*Geha Mental Health Center*  
*Tel Aviv University*



**Eva Gilboa-Schechtman**  
*Bar-Ilan University*



**Joop Meijers**  
*The Hebrew University of Jerusalem*

## Abstract Submission

The 45th EABCT Congress welcomes the submission of abstracts in the following Scientific Tracks:

- Anxiety / OCD / Trauma
- Depression / Mood Disorders
- Addiction
- Psychosis / Bipolar Disorder
- Eating Disorders / Obesity
- Anger / Personality Disorders
- Children / Adolescents
- Older Adults
- Cross Cultural / Religious Issues
- CBT & Negotiations / Conflict Resolution
- Transdiagnostic Treatments and Procedures
- Mechanisms of Change / Translational Research
- Technology
- Dissemination
- Other

**Abstracts may be submitted for each of the following categories:**

Symposia / In-congress workshops / Panel discussions / Clinical roundtables / Open papers / Posters

Descriptions of each type of abstract and guidelines for composing them can be found on the website.

Abstracts can only be submitted online via the conference profile on our website; submissions by fax, post or email will not be considered. All abstracts must be written in English.

It is the author's responsibility to proofread and check the abstract. Any errors in spelling, grammar or scientific fact in the abstract text will be reproduced as typed by the author. Abstract titles will be subject to a spell check if the abstract is selected for presentation.

### Abstract Submission Process

Before submitting an abstract, a conference profile needs to be created. One or several abstracts can be submitted from the conference profile. After an abstract has been created, modifications can be made until the submission deadline.

Electronic submission of abstracts for symposia, workshops, panel debates and open papers will be possible until **April 19, 2015**. Submission of poster abstracts will be possible until **May 31, 2015**. Starting **December 1, 2014**, submitted abstracts will be reviewed on an ongoing basis.

Delegates who are presenting must register for the congress before the presentation can be included in the program.

After submission of the abstract, a confirmation email will be sent to the abstract submitter.

## Organizing Committee

**Sofi Marom**, Chair, Geha Mental Health Center  
**Oded Ben-Arush**, Israeli Center for the Treatment of Obsessive-Compulsive Related Disorders  
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**Maya Weltsch**, Geha Mental Health Center  
**Michael Zivor**, The College of Management Academic Studies

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The Hebrew University of Jerusalem  
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**Ilanit Hasson-Ohayon**, Bar-Ilan University  
**Yael Latzer**, University of Haifa  
**Sofi Marom**, Geha Mental Health Center  
**Mario Mikulincer**, IDC Herzliya  
**Nili Mor**, The Hebrew University of Jerusalem  
**Eshkol Rafaeli**, Bar-Ilan University  
**Avi Sadeh**, Tel Aviv University  
**Cory Shulman**, The Hebrew University of Jerusalem  
**Daniel Stein**, Sheba Medical Center, Tel Hashomer  
**Yiftah Yovel**, The Hebrew University of Jerusalem

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**Eni Becker**, Holland  
**Haim Belmaker**, Israel  
**David Brent**, USA  
**Thomas Heidenreich**, Germany  
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### **Affiliate Members**

**Canada, CACBT/ACTCC**, Martin D. Provencher  
**Morocco, MABCT**, Jamal Chiboub  
**Lebanon, LSCBT**, Aimee Karam



## General Information

**Venue:** International Conference Center, Jerusalem, Israel

**Language:** The EABCT 2015 Congress will operate mainly in English. Some symposiums / workshops may be presented by Spanish or French speakers.

**Letters of Invitation:** Upon request, the Secretariat will send a personal invitation to participate in the conference. Such an invitation is only meant to help visitors raise travel funds or obtain a visa and is not a commitment to provide financial support.

**Visas:** All visitors to Israel are required to have a valid passport, and for some countries, a visa is required. For more information please contact your nearest embassy, consulate or local travel agency well in advance. It is the responsibility of the participant to obtain a visa if required.

**Currency / Exchange:** Israel's currency is the New Israeli Shekel (NIS). International major credit cards are accepted in most hotels, restaurants and shops. Exchange offices and ATM machines are easily available throughout the city and at the Ben Gurion International Airport.

**Climate:** The weather in September is pleasant to warm and dry, temperatures ranging from 15-28°C / 60-82°F.

**Clothing:** Clothing is informal for all occasions. A sweater or jacket is also recommended, as the conference rooms may be cool.

**Important Notes:** ISAS International Seminars, and their agents, shall not be responsible for and shall be exempt from all liability in respect of any loss, damage, injury, accident, delay or inconvenience to any person, or his/her luggage or any other property for any reason whatsoever, for any tourist services provided. Personal travel and health insurance is recommended.

**Website:** Check updates on the conference site, [www.eabct2015.com](http://www.eabct2015.com)

To receive conference updates, please send your email address to [conventions@isas.co.il](mailto:conventions@isas.co.il)

### Conference Secretariat:

ISAS International Seminars Ltd  
POB 34001, Jerusalem 9134001, Israel  
Tel: +972-2-6520574 / Fax +972-2-6520558  
Email: [congress@isas.co.il](mailto:congress@isas.co.il)

## Registration Information

All participants must complete the registration form.

Online registration will be available on the congress website [www.eabct2015.com](http://www.eabct2015.com) or you can download a form and email or fax it to the congress secretariat

### Congress Registration

Registration Fee	Until May 31, 2015	After May 31, 2015
Member*	EUR 480	EUR 530
Emerging Countries**	EUR 300	EUR 300
Student***	EUR 300	EUR 300
Non-Member	EUR 550	EUR 605
Accompanying Person	EUR 80	EUR 100

\* Members are paid up members of one of the member or affiliate member associations of EABCT (Europe).

\*\* Countries designated as Emerging Countries are detailed on the registration page of the website.

\*\*\* Proof of Status (photocopy of International Student Card - ISIC) must be sent with the registration form to the Congress Secretariat.

### Registration Fee Includes:

- Admission to the scientific sessions from Tuesday, September 1 through Thursday, September 3, 2015 except for the congress workshops. (An in-congress workshop program will be posted on the website and emailed to delegates when the program is final. Delegates will be able to book on line in advance or at the congress.)
- Final program and abstract book
- Badge
- Access to the exhibition area and poster sessions
- A certificate of attendance
- Coffee breaks and lunch each day
- Opening ceremony and welcome reception Monday, August 31, 2015
- Night tour of Jerusalem on Tuesday, September 1, 2015
- Tourist information on Jerusalem and Israel

For group rates of 10 or more people contact the Congress Secretariat

### Accompanying Person's Registration Fee Includes:

- Access to the exhibition area and poster sessions
- Opening ceremony and welcome reception Monday, August 31, 2015
- Night tour of Jerusalem on Tuesday, September 1, 2015
- Tourist information on Jerusalem and Israel

### Pre-Congress Workshop Registration Fee Includes:

- Access to one pre-congress workshop of your choice
- Badge
- A certificate of attendance
- Coffee breaks and lunch
- Handouts related to the workshop

Information on pre-congress workshops will be posted on the conference website shortly.

### Full Day Pre-Congress Workshop Registration

Registration Fee	Until May 31, 2015	After May 31, 2015
Member*	EUR 125	EUR 150
Emerging Countries**	EUR 95	EUR 125
Student***	EUR 95	EUR 125
Non-Member	EUR 150	EUR 180

## Registration Form - EABCT 2015

To register online see: [www.eabct2015.com](http://www.eabct2015.com)

Please type or print in block letters and return to Secretariat:

EABCT 2015, POB 34001, Jerusalem 9134001, Israel

Tel: +972-2-6520574, Fax: +972-2-6520558, email: [register@isas.co.il](mailto:register@isas.co.il)

Surname \_\_\_\_\_ First Name \_\_\_\_\_

Place of Work \_\_\_\_\_

email \_\_\_\_\_

Full Mailing Address ☐ Home ☐ Work \_\_\_\_\_

City, State \_\_\_\_\_ Postal Code \_\_\_\_\_ Country \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

**Registration:** ☐ Member ☐ Emerging Country ☐ Student ☐ Non-Member € \_\_\_\_\_

Accompanying Person: Name \_\_\_\_\_ € \_\_\_\_\_

Pre-Congress Workshop: € \_\_\_\_\_

**Total** € \_\_\_\_\_

### Payment:

☐ Enclosed is a check payable to ISAS International Seminars.

☐ Charge my credit card: ☐ VISA ☐ DINERS ☐ M/C ☐ AMEX

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**All bank charges and commissions are the responsibility of the participant and must be paid at source in addition to the registration fees.**

Please make sure the name of the conference and of each participant are indicated on the bank transfer and that fully completed registration forms are submitted together with a copy of the bank transfer.

Please send a copy of the bank transfer to [register@isas.co.il](mailto:register@isas.co.il) or +972-2-6520558

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Accommodations and Tours

### Organized by Eshet Incoming

For details and registration: [www.eabct2015.com/hotels-tours](http://www.eabct2015.com/hotels-tours)  
email: [congresses@eshetincoming.com](mailto:congresses@eshetincoming.com)



### Accommodations

Rooms are available at many Jerusalem hotels.

### Tours

#### Jerusalem



#### Masada & Dead Sea



#### Biblical Highlights in Nazereth and North / Western Coast



#### Heritage Tours / Bethlehem & Jericho

